

Wednesday March 11

Time	AFAS Volunteer House	OC Office	IBIS Hotel	VU Sports Centre	Athletes Lounge	Chalet Jaap	Café JAAP	Competition Area	Spectators Area
8:00 AM								Public Training 8:00 - 11:20	
9:00 AM		OC Meeting 9.00 - 9.45							
10:00:00 AM		Super Volunteer Briefing 9.45-10.30	Super Volunteer Briefing 10.15 - 11.00						
11:00:00 AM	Volunteer Check In 10.30 - 11.45								
12:00:00 PM				Lunch 12.00 - 15.00	Lunch 11.30 - 14.30			Official Training & Warm-Up 11.40 - 12.25	
1:00:00 PM								1500M Ladies 12.50 - 13.40	Medal Ceremony 1500M L
2:00:00 PM								1500M Men 14.00 - 14.45	Medal Ceremony 1500M M
3:00:00 PM								Official Training 15.10 - 16.00	
4:00:00 PM								School Skating 16.20 - 17.30	
5:00:00 PM		CTI Meeting 17.30 - 18.30					Post Competition Drinks 16.30 - 18.30		
6:00:00 PM			Dinner 18.00 - 20.30		Dinner 18.00 - 20.00			KNSB Training 17.50 - 19.20	
7:00:00 PM								KNSB Training 19.40 - 20.45	
8:00:00 PM	Volunteer Check In 10.30 - 11.00								
9:00:00 PM								5000M Ladies 21.00 - 21.30	Medal Ceremony 5000M
10:00:00 PM						Sponsor Night 20:45 - 24:00			
11:00:00 PM								10000M Men 22.00 - 23.30	Celebration Thomas Krol & Esmee Visser
12:00:00 AM									Medal Ceremony 10000M