Thursday March 12

Time	AFAS Volunteer House	OC Office	IBIS Hotel	VU Sports Centre	Athletes Lounge	Chalet Jaap	Café JAAP	Competition Area	Spectators Area
8.00 AM									
9.00 AM		OC Meeting 9.00 - 9.45						Public Training 9.00 - 11.20	
10:00:00 AM	Volunteer Check In 10.30 - 11.00	Super Volunteer Briefing 9.45-10.30	Super Volunteer Briefing 10.15 - 11.00			SSN ALV 10.30 - 12.30			
11:00:00 AM									
12:00:00 PM				Lunch 12.00 - 15.00	Lunch 12.00 - 15.00			Official Training & Warm-Up 11.40 - 12.25	
1:00:00 PM								TP Ladies 12.50 - 13.10	Medal Ceremony TP L
2:00:00 PM								TP Men 13.35 - 14.00	Medal Ceremony TP M
3:00:00 PM								1000M Ladies 14.10 - 14.45	Medal Ceremony 1000M L
4:00:00 PM								1000M Men 15.05 - 15.40	Medal Ceremony 1000M M
5:00:00 PM		CTI Meeting 17.00 - 18.00					Post Competition Drinks 16.30 - 18.30	Public Training 16:50 - 19:20	
6:00:00 PM			Dinner 18.00 - 20.30						
7:00:00 PM			Lecture: History of Speed Skating 19.00 - 20.00						
8:00:00 PM								Regular Training 19:40 - 20:40	
9:00:00 PM								Public Training 21:00 - 23:30	
10:00:00 PM									
11:00:00 PM									
12:00:00 AM									